

## HOSPITAL STAYS AND THE ELDERLY

A long hospital stay can present serious risks for seniors, including increased incidence of urinary tract infection, development of pressure sores, and functional decline. For this reason Hialeah Hospital has opened its **Acute Care for the Elderly (ACE) Unit** to provide age specific care for older adults.

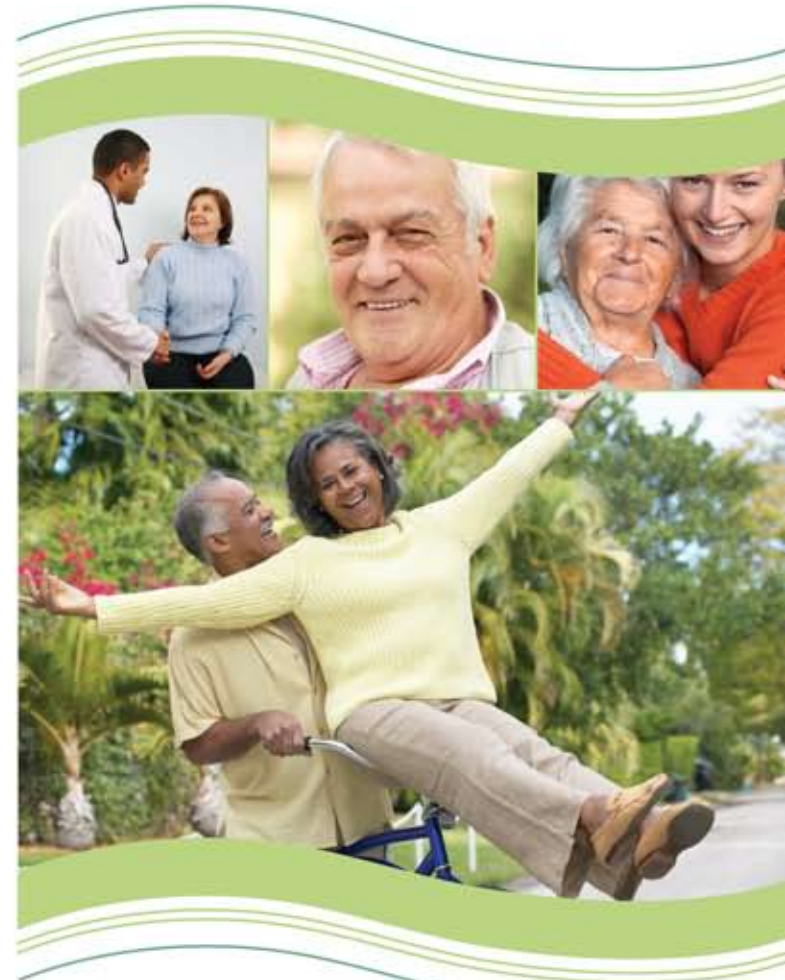


**HIALEAH**  
Hospital

651 East 25th St.  
Hialeah, FL 33013

[www.hialeahhosp.com](http://www.hialeahhosp.com)

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**PATIENT & VISITOR GUIDE**



## THE GOAL

The unit implements the latest techniques in geriatric acute care, which are designed to reduce the risk of developing complications. Specialized treatment helps older adults regain and maintain good function and reduce their hospital stay.

The program focuses on:

- Reducing risk of infection
- Dietary needs
- Maintaining skin integrity
- Family involvement
- Keeping patients mobile and engaged to maintain function. This means patients:
  - Spend less time in bed and more time walking and socializing
  - Are encouraged to keep up with as many daily activities as possible

## THE TEAM

The ACE Unit consists of an interdisciplinary team of specialists that include physicians, nurses, dietitians, therapists, social workers and pharmacists who are trained to care for the special needs of older adults. The team incorporates protocols for care and treatment that are specific for these patients.



For questions or more information,  
please contact:

**Andrea McCalla, RN, BSN**  
Director of Medical/Surgical/ACE Unit  
305-835-4741

To report a safety concern or for  
additional assistance, contact the charge nurse.

Hialeah Hospital Visitor Information:

Acute Care for the Elderly Unit (ACE)

Room # \_\_\_\_\_

Phone # \_\_\_\_\_

Charge Nurse # \_\_\_\_\_

General Information (305) 693-6100

Visiting Hours 11 a.m. – 8 p.m.

Meals are served – 7:30 a.m. (Breakfast);  
12:30 p.m. (Lunch); 5:00 p.m. (Dinner)

### Cafeteria Hours:

Monday – Friday	Saturday – Sunday
6:30 a.m. – 10:30 a.m.	6:30 a.m. – 9:00 a.m.
11:00 a.m. – 3:00 p.m.	11:00 a.m. – 2:00 p.m.
5:00 p.m. – 6:30 p.m.	5:00 p.m. – 6:30 p.m.

**Smoking** – Smoking is permitted in  
designated areas outside

**Parking** – Guest Parking is available in the  
Plaza next to the Medical Office Building

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